



Hawaii DOE Service provided by Hazel Health

# Here to help, here for mental health!

HIDOE has expanded its mental health services to include telehealth provided by Hazel Health.

Hazel Health provides evidence-based teletherapy to all public K-12 students, at no cost to families or school. Virtual sessions are conducted by a highly qualified licensed therapist, at home or at school. All students qualify for support, they do not need an IEP, 504, or academic impact; nor do they need insurance, immigration status or to speak English.

## Services provided include:

- Behavior health assessment
- Long-term care navigation
- Evidenced-based therapy (at home or at school)

## Can help students address:

- ✓ Anxiety
- ✓ Peer relationships
- ✓ Family Concerns
- ✓ Trauma
- ✓ Chronic Absenteeism
- ✓ Behavioral Changes
- ✓ Sadness
- ✓ Grief/Loss
- ✓ Time Management
- ✓ Self Confidence
- ✓ Motivation
- ✓ Defiance
- ✓ Anger Management
- ✓ Change in quality of work
- ✓ Bullying
- ✓ Self-Esteem
- ✓ Self-Harm
- ✓ Relationships
- ✓ Drug and alcohol experimentation



Therapy sessions with Hazel are a safe space and are always private and confidential. Hazel's team of licensed therapists offer compassionate, culturally competent, and multi-lingual care to help students address a wide range of mental health concerns.



Call 808-784-7363 to learn more and sign up



Scan to learn more!